

Product Guide

Rates effective May 11, 2020



Premium Bonus	Performance Elite 7	
	Base	Plus
Annual Rider Charge Rate	N/A	0.95%
Most states	N/A	6%
AK, CA, CT, DE, HI, IL, IN, MD, MN, MO, NJ, NV, OH, OK, OR, PA, SC, TX, UT, WA	N/A	5%
Interest Crediting Rates		
Annual Strategy Charge Rate	1.75%	
Multi-Asset (No Cap)		
BNP Paribas Multi Asset Diversified 5 Index¹ – Point-to-Point Index Strategy		
2-Year (Participation Rate) With Charge*	195%	
2-Year (Participation Rate)*	100%	
1-Year (Participation Rate) With Charge	140%	
1-Year (Participation Rate)	70%	
Equity (No Cap)		
Nasdaq FC Index^{1,2} – Point-to-Point Index Strategy		
2-Year (Participation Rate) With Charge*	145%	
2-Year (Participation Rate)*	80%	
1-Year (Participation Rate) With Charge	105%	
1-Year (Participation Rate)	60%	
AI Powered US Equity Index¹ – Point-to-Point Index Strategy		
2-Year (Participation Rate) With Charge*	170%	
2-Year (Participation Rate)*	95%	
1-Year (Participation Rate) With Charge	130%	
1-Year (Participation Rate)	70%	
S&P 500 Daily Risk Control 2 8%™ Index TR (Total Return)¹ – Point-to-Point Index Strategy		
2-Year (Participation Rate) With Charge*	95%	
2-Year (Participation Rate)*	45%	
1-Year (Participation Rate) With Charge	75%	
1-Year (Participation Rate)	35%	
Equity (Cap)		
S&P 500® – Point-to-Point Index Strategy		
1-year (Cap) With Charge	7.50%	
1-year (Cap)	4.00%	
Fixed		
Fixed Account with 1-Year Guarantee	1.50%	
Withdrawal Charge Duration	7 years	

*Two-year strategies not available in NH.

This material is provided by Athene Annuity and Life Company (61689) headquartered in West Des Moines, Iowa, which issues annuities in 49 states (excluding NY) and D.C. Products not available in all states.

Athene Performance Elite 7

Athene Performance Elite 7 Plus

Ownership	Qualified ³ – must be single ownership Nonqualified – joint ownership available																																					
Premiums (Single premium only)	Minimum – \$10,000 (\$25,000 in TX) Maximum – \$1,000,000 (larger amounts may be accepted with company approval)																																					
Withdrawal Charge Rate Schedule⁴	<table border="1"> <thead> <tr> <th>Contract Yr</th> <th>Charge %</th> <th>CA</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>9.0%</td> <td>9.0%</td> </tr> <tr> <td>2</td> <td>8.8%</td> <td>8.2%</td> </tr> <tr> <td>3</td> <td>7.9%</td> <td>7.0%</td> </tr> <tr> <td>4</td> <td>6.9%</td> <td>5.9%</td> </tr> <tr> <td>5</td> <td>5.9%</td> <td>4.8%</td> </tr> <tr> <td>6</td> <td>5.0%</td> <td>3.6%</td> </tr> <tr> <td>7</td> <td>4.0%</td> <td>2.5%</td> </tr> <tr> <td>8+</td> <td>0.0%</td> <td>0.0%</td> </tr> </tbody> </table> <p>A Withdrawal Charge in accordance with this schedule will apply to surrenders or amounts withdrawn in excess of the Free Withdrawal amount.</p>		Contract Yr	Charge %	CA	1	9.0%	9.0%	2	8.8%	8.2%	3	7.9%	7.0%	4	6.9%	5.9%	5	5.9%	4.8%	6	5.0%	3.6%	7	4.0%	2.5%	8+	0.0%	0.0%									
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Premium Bonus Vesting Percentage Schedule (Plus only) *Applied to surrenders or withdrawals in excess of the Free Withdrawal amount.	<table border="1"> <thead> <tr> <th>Contract Yr</th> <th>Vesting %</th> <th>AK, CT, DE, HI, IL, IN, MD, MN, MO, NJ, OH, OR, PA, SC, UT, WA</th> <th>CA</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0%</td> <td>0%</td> <td>0%</td> </tr> <tr> <td>2</td> <td>5%</td> <td>35%</td> <td>40%</td> </tr> <tr> <td>3</td> <td>15%</td> <td>50%</td> <td>55%</td> </tr> <tr> <td>4</td> <td>25%</td> <td>60%</td> <td>60%</td> </tr> <tr> <td>5</td> <td>40%</td> <td>70%</td> <td>65%</td> </tr> <tr> <td>6</td> <td>60%</td> <td>85%</td> <td>70%</td> </tr> <tr> <td>7</td> <td>80%</td> <td>95%</td> <td>75%</td> </tr> <tr> <td>8+</td> <td>100%</td> <td>100%</td> <td>100%</td> </tr> </tbody> </table> <p>This schedule shows the percentage of the Premium Bonus that is vested each Contract Year. It applies only to surrenders and withdrawals in excess of the Free Withdrawal amount.</p>		Contract Yr	Vesting %	AK, CT, DE, HI, IL, IN, MD, MN, MO, NJ, OH, OR, PA, SC, UT, WA	CA	1	0%	0%	0%	2	5%	35%	40%	3	15%	50%	55%	4	25%	60%	60%	5	40%	70%	65%	6	60%	85%	70%	7	80%	95%	75%	8+	100%	100%	100%
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Free Withdrawal Percentage Schedule⁴	<table border="1"> <tr> <td>Y1+</td> </tr> <tr> <td>10%</td> </tr> </table>	Y1+	10%	The Free Withdrawal amount is calculated by applying the percentage shown to the Accumulated Value as of the previous contract anniversary.																																		
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Strategy Charge (Not available on the Fixed Strategy)	Strategy charge options offer higher Cap and Participation Rates. The charge is calculated by multiplying the Strategy Value of the associated Strategy and an Annual Strategy Charge Rate on each contract anniversary. A portion of that charge (1/12th) is deducted from the applicable Strategy Value each month. The Initial Annual Strategy Charge Rate is set at contract issue and guaranteed for the first Index Term Period. A new Annual Strategy Charge Rate will be declared at the start of each Index Term Period.																																					

	Athene Performance Elite 7	Athene Performance Elite 7 Plus
Strategy Charge Credit	A one-time Strategy Charge Credit will be added to the Accumulated Value at the end of the Withdrawal Charge Period, if the sum of all strategy charges applied, minus the sum of all interest credits, is greater than zero. If withdrawals subject to a Withdrawal Charge are taken (including a full surrender), the Credit will not be applied.	
Terminal Illness Waiver⁵ (Not available in CA)	You can withdraw up to 100% of your annuity's Accumulated Value if you're diagnosed with a Terminal Illness that is expected to result in death within one year and you meet the eligibility requirements. This waiver is available after your first Contract Anniversary. You may not be diagnosed during the first Contract Year.	
Confinement Waiver⁵ (Not available in CA & MA)	After the first Contract Year, you can withdraw up to 100% of your annuity's Accumulated Value if you've been confined to a Qualified Care facility for at least 60 consecutive days and meet the eligibility requirements. You cannot be confined at the time the contract is issued. Confinement period must begin at least one year after the contract date.	
Death Benefit⁶	Greatest of (i) Accumulated Value with no surrender charges, (ii) the Minimum Guaranteed Contract Value or (iii) the Return of Premium Benefit (if applicable).	
Enhanced Free Withdrawals (Plus only)	If no withdrawals are taken in a given year, up to 20% of the Accumulated Value is available for withdrawal in the next year.	
Return of Premium (Plus only)	After the fourth contract year, the Cash Surrender Value will never be less than the premium minus premium taxes (if applicable) and prior withdrawals, including Withdrawal Charges, Premium Bonus Vesting Adjustment and Market Value Adjustment (if applicable) on those withdrawals.	
Enhanced Annuitization (Not Available in CA or FL) (Plus only)	After the fifth contract year, you may elect to surrender your contract and apply the Accumulated Value to one of five settlement options. No Withdrawal Charges, Premium Bonus Vesting Adjustments or Market Value Adjustments will apply upon election of this feature, provided one of the Settlement Options is elected and annuity payments commence. Please refer to the Certificate of Disclosure for specific settlement options.	
Annual Liquidity Rider Charge Rate (Plus only)	0.95% charge deducted from the Accumulated Value during the Rider Charge Period (same duration as the Withdrawal Charge period). The Charge is assessed upon the following: (i) end of each contract year; (ii) when a withdrawal is taken; (iii) on the Annuity Date; (iv) upon surrender; (v) upon the date of proof of death. The rider may not be terminated during the Withdrawal Charge period.	

¹ Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

² The Index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forgo part of the growth of the Index if it rises beyond this limit within a month.

³ Under current tax law, the Internal Revenue Code already provides tax deferral to qualified contracts, such as IRAs, so there is no additional tax benefit obtained by funding a qualified contract with an annuity; consider the other benefits provided by an annuity, such as lifetime income and a Death Benefit.

⁴ Withdrawals prior to age 59½ may be subject to a 10% IRS penalty.

⁵ **This benefit is NOT long-term care insurance nor is it a substitute for such coverage.** Limitations, variations and exclusions apply. Please see the Certificate of Disclosure for more information.

⁶ After annuitization, payments will be consistent with the settlement option selected.